

2008 PAL CAMP

TRAINING FOR LIFE



**PAL camp was a huge accomplishment not just for the training program,
but for TRAC and Region 3 PAL!
We are so proud of the 40 campers who graduated!!!**

Some pretty cool things happened at camp:

- Campers tried things they would never have guessed they could do, like building a raft out of trash bags. Yes, they did float!
- Teams were formed & they all came together as one big camp family. You should have seen them saying good-bye. Tears!
 - Activities were planned & facilitated that were totally engaging and fun.
 - Conflicts were resolved & relationships were deepened.
Who would guess that we'd be teaching forgiveness?
- Campers grew as people & learned the concept of respect & responsibility.
- Campers left knowing that people cared & wanted to build them up & help them to succeed. Get ready for some new TRAC & C4t2 members.
- Volunteer Staff learned a ton about themselves, the kids, foster care, and TRAC (they got as much out of camp as the campers did).

Notes from the campers:

"I really liked meeting other foster children & learning about their history & seeing how they overcame their problems was very inspirational"

"I liked all the different ways we learned how to do stuff. We were having fun & learning how to do stuff at the same time."

"I think PAL training was just great."

"I learned to budget and about all the help you can get but you just need to communicate with people & never to give up."

"I enjoyed this program because it was a great way to learn what I would have missed out on."

BIG BIG BIG thanks to the following volunteers and supporters of TRAC and PAL Camp:

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Go PAL Camp!